

Mnemonic

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Jump to: [navigation](#), [search](#)

For other uses, see [Mnemonic \(disambiguation\)](#).

Not to be confused with [pneumonic](#).



Knuckle mnemonic for the number of days in each month of the [Gregorian Calendar](#). Each projecting knuckle represents a 31-day month.

A **mnemonic** (/nəˈmɒnɪk/^[l] with a silent "m"), or **mnemonic device**, is any learning technique that aids [memory](#). Commonly encountered mnemonics are often verbal, such as a very short poem or a special word used to help a person remember something, particularly lists, but a mnemonic may instead be visual, kinesthetic or auditory. Mnemonics rely on associations between easy-to-remember constructs which can be related back to the data that is to be remembered. This is based on the principle that the human mind much more easily remembers spatial, personal, surprising, physical, sexual or humorous or otherwise meaningful information, as compared to retrieving arbitrary sequences.